

SUMMER SPORTS PROGRAMS IN LINCOLN

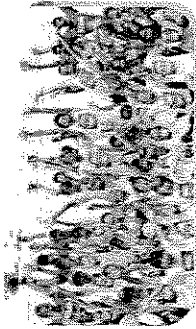
In Association with Lincoln Recreation Department

MULTI SPORT CAMP

Experience over 15 different sports in one week with the US Sports Institute. The multi sport program is the only summer camp program dedicated to the truly sports minded youngster.

Over 15 Sports from Around the World!

- Flag Football
- Basketball
- Lacrosse
- Handball
- Hockey
- Cricket
- Boeoe
- Soccer
- Tennis
- Team Building
- Badminton
- World Cup
- Volleyball
- Pillo Polo
- Baseball
- Kickball
- Frisbee
- Rugby



- International Coaches
- Fun Games & Drills
- World Cup Afternoons
- Theme Days
- Olympic Fridays
- Water Games
- First Aid Certified
- Camp Coordinator
- Social Environment
- Coaches Challenge

All Children receive a T-shirt and Certificate

Presented by:



GOLF CAMP



Using a revolutionary new system, the USSI Golf clinic is the ideal way to introduce young children to the game of Golf. Participants will use oversized, lightweight clubs designed to encourage correct grip and swing.

- Children will learn basic techniques including driving, chipping and putting using fun training methods, increasing each player's development and retention.
- Chipping
- Putting
- Driving
- Technique
- Grip
- Stance

2010 PROGRAM DETAILS

| Code | Date | Location | Times | Age | Fee |
|--------------------------|-----------|-----------------|------------|------|-------|
| MULTI SPORTS CAMP | | | | | |
| MS4518 | Aug 16-20 | Lime Acres Park | 9am-3pm | 7-14 | \$169 |
| GOLF CLINIC | | | | | |
| GC4519 | Aug 23-27 | Lime Acres Park | 9-10.30am | 5-8 | \$109 |
| GC4520 | Aug 23-27 | Lime Acres Park | 10.30-12pm | 9-12 | \$109 |

To register for further information please contact

Lincoln Recreation Dept.
100 Old River Road, Lincoln, RI, 02865
(401) 333-8418

For up to the minute information, latest news and to see more camps in your area, visit:
USSportsInstitute.com

FREQUENTLY ASKED QUESTIONS

Does my child need any experience to attend?

No, our camps are open to children of all sporting backgrounds, campers will be placed into age and ability appropriate groups. The curricula for all programs is designed to suit all participation levels to ensure that children from beginner to experienced have the opportunity to play sports in a positive, developmental and fun learning environment.

What do campers need to bring?

All campers are required to arrive in sports appropriate clothing and footwear, sun protection, lunch, snacks and plenty of water/fluids to last the day. The site Coordinator should be made aware of any physical limitations or medication required for your child at the beginning of camp. Sports equipment is provided on all camps with the following exceptions;

- Tennis: Children must have their own racquet.
- Field Hockey: Children must wear shin guards.

How qualified are US Sports Institute staff?

All camp staff have a minimum of 3 years experience in sports education or teaching. Our coaches are not only selected for their sports education qualifications, but also for their ability to inspire, motivate and encourage campers. They go through an extensive application process, which includes a police background check. All staff have basic first aid training and a cell phone is always present at camp in case of an emergency. All staff are committed to building confidence and excellence into the lives of your children.

What will my child learn during the week?

Regardless if you are attending a multi sport camp or sport specific camp, your child will learn the fundamental skills in all sports played throughout the week. Aside from the actual technical sports instruction each camper will experience an atmosphere that promotes positive values, good sportsmanship and teamwork.

For more answers to frequently asked questions please visit our website at:

www.USSportsInstitute.com

Simply select the F.A.Q option which can be found in the Parents menu.

866-345-BALL
www.USSportsInstitute.com