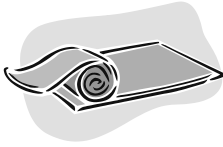


Town of Lincoln
Parks & Recreation
Present...



Hatha Yoga Class

Lincoln Parks and Recreation are offering a new session of Hatha Yoga classes. The program is designed to introduce students to the basic poses and breathing techniques of Yoga.

Held at the Lincoln Senior Center, 40 Chapel St., Lincoln RI

Classes will run from **6:30 pm to 8:00 pm**
on **Tuesdays**

New 5-week Session:

September 7, 14, 21, 28 & October 5

Cost is \$60 for the Session

Or \$15 per Drop-In **

****New students/drop-ins are welcome to join for individual classes at any point in any session...**

To sign up, please stop by or contact the Parks and Recreations Department at Lincoln Town Hall, or mail a completed form back to:

Lincoln Parks and Recreation
100 Old River Rd. Po Box 100
Lincoln, RI 02865

For further information, call (401) 333-8418, and please remember that space in the classes is limited.

Name: _____

Address: _____

Home Phone: _____ Work Phone: _____

Email: _____